

BENZENE

AN INGREDIENT IN PAINT STRIPPER

AMMONIA

THE BLEACH FOUND IN TOILET CLEANER

HYDROGEN CYANIDE

USED IN RAT POISON

ACETONE

THE CHEMICAL IN NAIL POLISH REMOVER



WHEN YOU SMOKE YOU INHALE OVER 4,000 CHEMICALS

Cigarette smoke is a toxic, poisonous mix of substances.
And smoking delivers it straight into your body.



Australian Government

NOW IS THE TIME TO QUIT.
australia.gov.au/quitnow

Quitline
131 848

Every cigarette is doing you damage